

**Pacific Northwest Psychoanalytic Society
A Local Chapter of Division 39
Of the American Psychological Association**

Spring 2010 Program
Wednesday, May 5, 2010

7:30-9:30 P.M., doors open at 7:00

Working with people with co-occurring disorders
Presented by: **Dan Wolf, D.O.**

Meeting Location: at the home of Kathy Knowlton, Ph.D.

Drawing from more than 25 years of practice, Dr. Wolf will describe his work with people who have co-occurring disorders, discussing his approach in assisting them to get “clean and sober” while stabilizing their concurrent Axis I disorders, with or without psychotropic medications.

Dr. Wolf believes in a "systems approach" to health care, seeing the individual in relational context with her/his significant others including family, friends, and community. As an osteopathic physician he views the whole person, giving consideration to both brain chemistry and non-medication strategies including psychotherapy, self-care and stress-reducing strategies, and being mindful of nutrition, exercise, and spirituality. He advocates for collaboration among members of the treatment team.

After attending this seminar, participants will have the opportunity to:

- (1) Learn to obtain drug and alcohol history in context of people with co-occurring disorders
- (2) Learn to differentiate Substance-Induced Axis I disorders from Axis I disorders
- (3) Learn basic concepts regarding psychotropic medication management in the co-occurring disorders population

Dr. Wolf has focused on evaluation and treatment of people with concurrent substance use and psychiatric disorders in teens and adults in both inpatient and outpatient settings, including the US Navy until resigning his commission in 1988 and moving to Seattle.

CE credits: 2

This program, when attended in its entirety, is offered for 2 CE credits. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. The instructional level is intermediate. Free to members, \$15 for non-members.