

**Pacific Northwest Psychoanalytic Society
A Local Chapter of Division 39
Of the American Psychological Association**

Spring 2008 Program
Wednesday, April 2, 2008 7:30 P.M.

**Shame on You, Shame on Me, Shame on Us
Shame in the Therapeutic Interaction**

**Presented by:
Michael Miller, Ph.D.**

Meeting Location: The home of Robin Brownstein

In this seminar, I explore the intersubjective nature of shame. To understand shame's intersubjective procedural nature, I'll introduce a dynamic theory of affect in which emotions come into being in interaction with others. I'll apply this dynamic theory of shame to the therapeutic enterprise, and, through the use of clinical vignettes, explore how the patient, the analyst, and the therapeutic interaction itself each contribute to the construction of shame experiences. I'll also demonstrate how many of our "standard techniques" evoke shame in our patients.

Learning Objectives

- 1) To be introduced to a new interpersonal theory of emotion.
- 2) To understand how shame is an intersubjective phenomena.
- 3) To become aware of the ways in which our therapeutic techniques produce shame in our patients.

Michael Miller is a Training and Supervising Analyst at the Seattle Psychoanalytic Society and Institute as well as a Clinical Associate Professor in the Departments of Psychiatry and Behavioral Sciences and Psychology at the University of Washington. He has a private practice in Seattle where he sees adults and adolescents in psychoanalysis and psychotherapy as well as provides supervision and consultation.

All programs begin at 7:30 and end at 9:30 p.m. Host homes are open at 7:00 for refreshments and conversation before each meeting. The format is lecture followed by discussion for an intended audience of clinicians with psychoanalytically oriented practices. Chapter members have paid for the meeting with their dues. Non-members are welcome to attend at a cost of \$10 at the door.

CE credits: 2.

This program, when attended in its entirety, is offered for 2 CE credits. Division 39 is approved by the American Psychological Association to sponsor continuing education credits for psychologists. Division 39 maintains responsibility for this program and its content. The instructional level is intermediate.

Directions to Robin Brownstein's house: 1520 E Olin Place, Seattle, WA, 98112

(Please consult www.mapquest.com for specific directions)

Olin Place is a short street that runs parallel to 15th Ave E on North Capitol Hill a few blocks north of the Volunteer Park Entrance ,and across from the Lakeview cemetery. My home is in the "elbow" of the street. There is ample street parking.

Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Participants are asked to be aware of need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concern and any complaints to Barb Walkover, (206) 323-4087.